



TrailTalk

WHAT'S HAPPENING ACROSS THE LAND

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Support our Dream! *Walk the Trail*

JOIN US on June 7th for the First Annual *Walk the Trail* in support of the Trans Canada Trail. Feel free to walk, roll, run, cycle, ride. [\[Details\]](#)

The Trans Canada Trail in Saint John, NB *A Celebration!*

On Tuesday, May 27, the New Brunswick Trails Council Inc. and Trans Canada Trail will host a full day of events in Saint John to celebrate the official opening of 140 kilometres of recreational trail in the region, as part of the Trans Canada Trail, and to salute local supporters.

Valerie Pringle, broadcast journalist and Chair of the Trans Canada Trail, and local dignitaries will participate in three events.

- *Lower River Passage, St. John River: Official designation as Trans Canada Trail*
- *Rockwood Park: Opening of Trans Canada Trail Pavilion*
- *Harbour Passage: Official designation as Trans Canada Trail*

[\[Event Details\]](#)



The Myra Canyon Restoration Project *special report by Valerie Pringle, Chair of the Board*

I have been to the brink and it was more exciting than I could have imagined. This past May, Ken Campbell of the Myra Canyon Trestle Restoration Society and I cycled as far as anyone has gone on the Myra Canyon section of the Kettle Valley Railway since the devastating forest fire of 2003. All the way up to Trestle #8. This took us over 3 surviving trestles and 7 of the rebuilt ones and through the 2 tunnels. I welcome you all to the grand re-opening of the Myra Canyon Trail on June 22nd.

[\[Continued Here\]](#)

Myra Canyon - Grand Re-Opening

The day that people around the world have waited for is almost here! Myra Canyon - virtually destroyed in the Okanagan Mountain Park fire in 2003 - will officially open



Q & A with Veronica Carroll, Chief Development Officer TCT

TrailTalk: You joined the Trail in the fall of last year. What have you been up to since then?

Veronica Carroll: I have been working with the Board of Directors, our donors and volunteers, and our Trail Partners to develop sustainable fundraising programs. Some of these programs include an annual direct mail campaign, an online pledge-based drive and an individual, major gift program - the TCT Governor's Program. As well, there has been a flurry of grant proposal writing to build capacity at TCT.

TT: You mentioned grant applications. Can you elaborate?

VC: We have approximately \$2 million in grant requests that are currently being considered by foundations, corporations and individuals. The majority of these funds will be directed to building our capacity to support trail building projects at the community level right across the country.

TT: How can Trail users help?

VC: Every individual has a part to play in building this magnificent trail, whether it's getting involved as a volunteer at the community level or registering for our inaugural *Walk the Trail* campaign and collecting funds to support the work that we do. The Trans Canada Trail belongs to all of us.

TT: How are you planning to spread the word?

VC: We are going to use every means possible to inspire Canadians to embrace the excitement of completing this one-of-a-kind Trail; through the mail, on the phone, online and at community fundraising events. We are going to invite as many people as we can to make TCT their number one environmental cause.

TT: Why is the Trail so important to you personally?

VC: In terms of health and well-being, I use the Trail in my own community to stay fit and active. I am out on the Trail with my

on Sunday, June 22 with a celebration for everyone. All trestles destroyed by the fires have been rebuilt to historical specifications using British Columbia wood and labour.

A fun-filled day has been planned to show our appreciation for the community and everyone who has been a part of the reconstruction of the trestles in Myra Canyon. The public is invited to come enjoy the stunning sights and sounds of Myra Canyon for a memorable day of walking or cycling throughout the canyon. You will meet historical characters from the past who helped build Myra Canyon, and you will enjoy complementary food, dance to live music, and breathe in the history of this memorable Canadian heritage site located right above Kelowna, British Columbia. [\[Event Details\]](#)

Stories from the Trail!

A credit to Canadians

"I am supporting the Trans Canada Trail because I think it is now, and will be when completed, an achievement that should be known world-wide. It encourages people to get out and enjoy the great outdoor wonders of our country. Your endeavours are a credit to our nation - Canada."
- Fern Buechler, Oshawa, ON

Congratulations

"Thank you for keeping me informed about the progress of the Trail. What a wonderful project that it is! I have had my mother & grandchildren inscribed in the Granville Island Pavilion in Vancouver & the Edmonton Pavilion... a great inspiration to do so! Congratulations to all who have devoted so much time & effort."
- E. Whalen, BC

A poem

An ode to the Trail by Sylvia McTavish T.C.T.

If I were forty, here's what I'd do:
I'd walk the Trail from west to east,
Exclaiming over each bird and beast,
Flower and tree, mountain, river and stone;
I'd walk the Trail, but not alone. [\[Continued Here\]](#)



The new British Columbia Guidebook is here!

The Trans Canada Trail: British Columbia is a trail and outdoor guide for hikers and cyclists everywhere, at all levels of athletic ability. Painstakingly researched by Vancouver Island author/photographer Bruce Obee, the guidebook's 25 chapters show you how to get on the Trans Canada Trail, where to eat, shop, stay overnight, and what you can expect to see in each region. [\[Order it here!\]](#)

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family including my four-year-old son, Jonah. The Trail is part of a lifestyle choice to be active, maintain health, and enjoy the outdoors. These are the values that I share with my family and that I want to instill in my son. I believe that the Trans Canada Trail is a legacy project in which we can all share; it is the ultimate gift from Canadians to Canadians.

Stories from the Trail *Tell us your Story!*

Come and check out *Stories from the Trail*, the Trans Canada Trail Blog. This is the place to discover the latest Trail news - from community stories to upcoming events; from trail trips to national and international press coverage.

No story is too small or too local. We want to share news from across Canada and encourage you to add your views and reviews.

Which section of the Trail have you enjoyed the most? How does your community celebrate International Trails Day in June?

Post your questions and feel free to discuss, debate, and distribute your ideas on all things Trail. [\[Join Us\]](#)

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