

## 1.2 HOW WERE THE GUIDELINES DEVELOPED?

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These guidelines were developed through a multi-stage approach that began with a robust review of federal, provincial and territorial literature, including public health orders, directives and guidelines specific to COVID-19. A national and international literature review was undertaken within the outdoor recreation sector to identify existing guidelines and best practices that have been developed by sector specific organizations. Interviews were conducted with a sample of Canada's trail operators to determine the most essential information to include in the guidelines and which organizations planned to develop guidelines of their own. Findings from the literature and interviews were synthesized and the guidelines were prepared.

