**SAMPLE SOCIAL MEDIA POST TO SHOW YOUR SUPPORT FOR THE TRANS CANADA TRAIL**

**Twitter and Instagram**

I proudly support @TCTrail. Trans Canada Trail is a national asset that supports our environment, economy and mental & physical health. I call on all #Elxn44 cand. in [inset riding here] to commit to the renewal of the Trail’s #cdnpoli funding. Sign the #ISupportTCT pledge! [tctrail.ca/our-tct](https://tctrail.ca/?page_id=42071&preview=true)

Candidates in [insert riding here] will you be a #TrailChampion and take the #ISupportTCT pledge? Support renewal of @TCTrail funding from the federal govt to ensure the sustainability of the TCTrail for generations to come? #ELXN44  [tctrail.ca/our-tct](https://tctrail.ca/?page_id=42071&preview=true)

Trails are vital in [insert riding here]. #Elxn44 candidates please take the #ISupportTCT pledge! Support renewing @TCTrail annual funding from #cdnpoli govt to enhance quality of life, health and wellness and econ. dev through tourism [tctrail.ca/our-tct](https://tctrail.ca/?page_id=42071&preview=true)

Trail use is up 50% across Canada. [insert riding here] candidates, we are asking you to protect and support the @TCTrail Will you take the #ISupportTCT pledge and call for a renewal of TCTrail annual funding from the federal govt? [tctrail.ca/our-tct](https://tctrail.ca/?page_id=42071&preview=true)

**Facebook and LinkedIn**

I proudly support the #TransCanadaTrail. It is a national asset that supports our environment, economy, and mental and physical health. As a Trail user and supporter, I am calling on all candidates running in my riding [insert riding name] to sign the #ISupportTCT pledge in this election. Visit [tctrail.ca/our-tct](https://tctrail.ca/?page_id=42071&preview=true) to sign today!

Trails are vital in [insert riding here]. I am calling on all candidates running in the federal election to demonstrate their support for the Trail by signing the #ISupportTCT pledge to call for a renewal of the #TransCanadaTrail annual funding so we can continue to protect the Trail for generations to come. [tctrail.ca/our-tct](https://tctrail.ca/?page_id=42071&preview=true)