



TRANS CANADA TRAIL
SENTIER TRANSCANADIEN

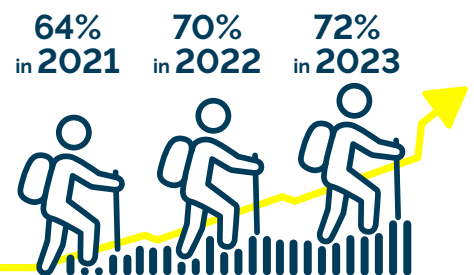
CREATING MORE INCLUSIVE TRAILS

We believe that everyone should have the opportunity to experience the physical and mental health benefits of time spent on the Trans Canada Trail. That's why we are committed to reducing barriers and creating more inclusive trails, from coast to coast to coast.

Why trail accessibility matters

The Trans Canada Trail is a vital asset for individuals and families across Canada, and supports physical, mental, and social well-being. People of all ages, backgrounds and abilities are accessing the Trail in growing numbers, and we need to ensure that everyone can experience the significant benefits the Trail has to offer.

Use of
trails
continues
to grow



*% of people who
have visited a trail

Top four reasons people use trails¹:

97%

Enjoy
nature



94%

Enhance
mental health



94%

Exercise,
fitness



94%

Ease of
access



1 in 5 Canadians has one or more disabilities²...

...And the prevalence of disability increases with age:

13%



Age 15-24

47%



Age 75+

¹Source: [National Léger Survey](#)

²Statistics Canada, [Canadian Survey on Disability, 2017](#)



TRANS CANADA TRAIL
SENTIER TRANSCANADIEN

How we're making the Trans Canada Trail more inclusive

FUNDING LOCAL TRAIL ENHANCEMENTS

Through primary funders like Parks Canada and generous donors and partners, we've provided more than \$1.8 million to local Trail groups since 2020 to support accessibility improvements to their sections of the Trans Canada Trail.

\$1.8M
invested in
improving
accessibility
along the Trail



ACCESSIBILITY MAPPING PROGRAM

Since 2020, Trans Canada Trail has partnered with trail users with lived experience and AccessNow, a crowd-sourced mobile app and web platform, to document the level of accessibility of each trail and its features. The information helps Trail users of all abilities make informed decisions before heading out on the Trans Canada Trail. The program also identifies areas where barriers need to be removed, helping to improve accessibility for all.

65+ (800+km)
Trail sections
mapped from
an accessibility
perspective since
2020



ALL PERSONS TRAILS PROGRAM

All Persons Trails go beyond common accessibility standards to provide a welcoming, inclusive, outdoor experience for everyone. These trails might include navigational tools and experiential features like sensory gardens or tactile elements in addition to more common elements like firm trail surfaces and accessible infrastructure. The information gathered through the Accessibility Mapping Program supports our goal to construct All Persons Trails on selected Trans Canada Trail sections.



Our goal, with
your help:

**5 All Persons
Trails by 2027**



BUILDING COMMUNITY CAPACITY TO IMPROVE ACCESSIBILITY

As the national leader in trail accessibility, we are continually learning. We share our best practices with Trail groups across the country to help them ensure accessibility on the Trail sections they steward. One example is guidelines for planning and designing All Persons Trails, which will be shared on the Trans Canada Trail website for public use when they are completed.

88+
practical tips
shared in our All
Persons Trails
guidelines

